

Cyber Bullying:

"Can Adults Ever Catch Up?"

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IIRP Europe

Bullying Behaviour



- Cyber bullying
- Damage to property
- Inciting others to bullying behaviour
- Literature
- Physical hurt/attack
- Psychological
- Verbal
- Victimization after previous complaint.

Types of Bullying

- General bullying (including appearance)
- Homophobic
- Racist
- Sexist
- Sexual
- Disabilist
- Transphobic
- Related to home circumstances.



SPOT THE BULLY 2008



What is Bullying?

“Bullying is behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically or emotionally.”
(‘Safe to Learn’, DCSF, 2007)

4 key characteristics:

Repeated

Intent

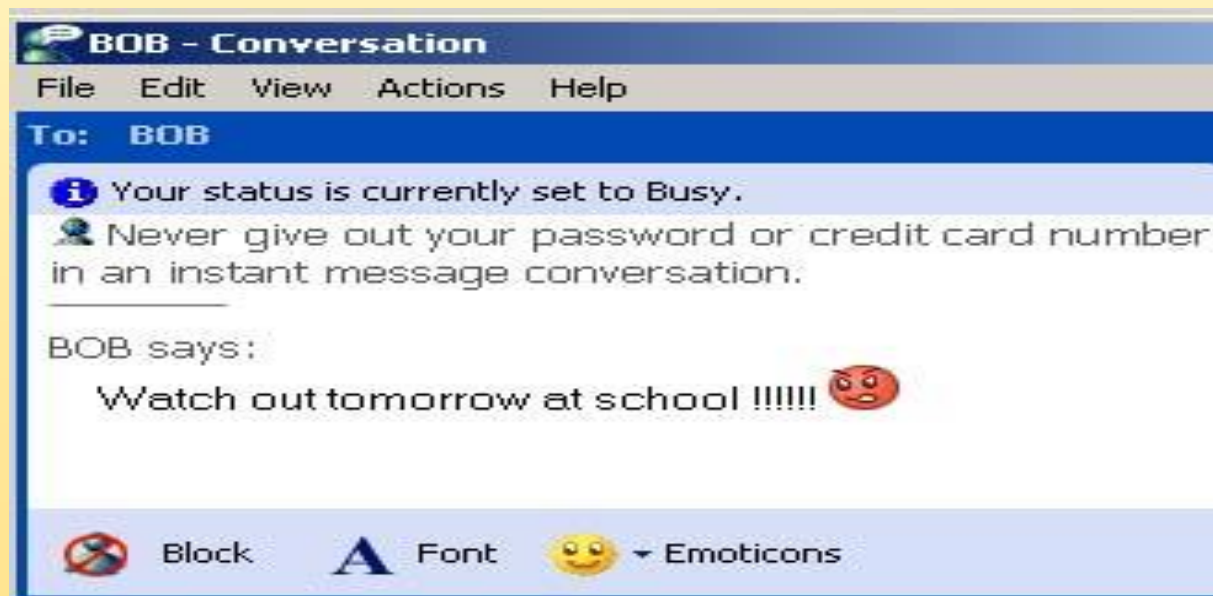
Someone is harmed

Power imbalance



What is Cyberbullying?

'Cyberbullying can be defined as the use of Information and Communications Technology (ICT), particularly mobile phones and the internet, deliberately to upset someone else' (DCSF, 2007)



Cyberbullying - Forms it can take

- Threats and intimidation
- Harassment or stalking
- Defamation
- Ostracising/peer rejection/exclusion
- Identity theft, unauthorised access and impersonation
- Publicly posting, sending or forwarding personal or private information or images
- Manipulation

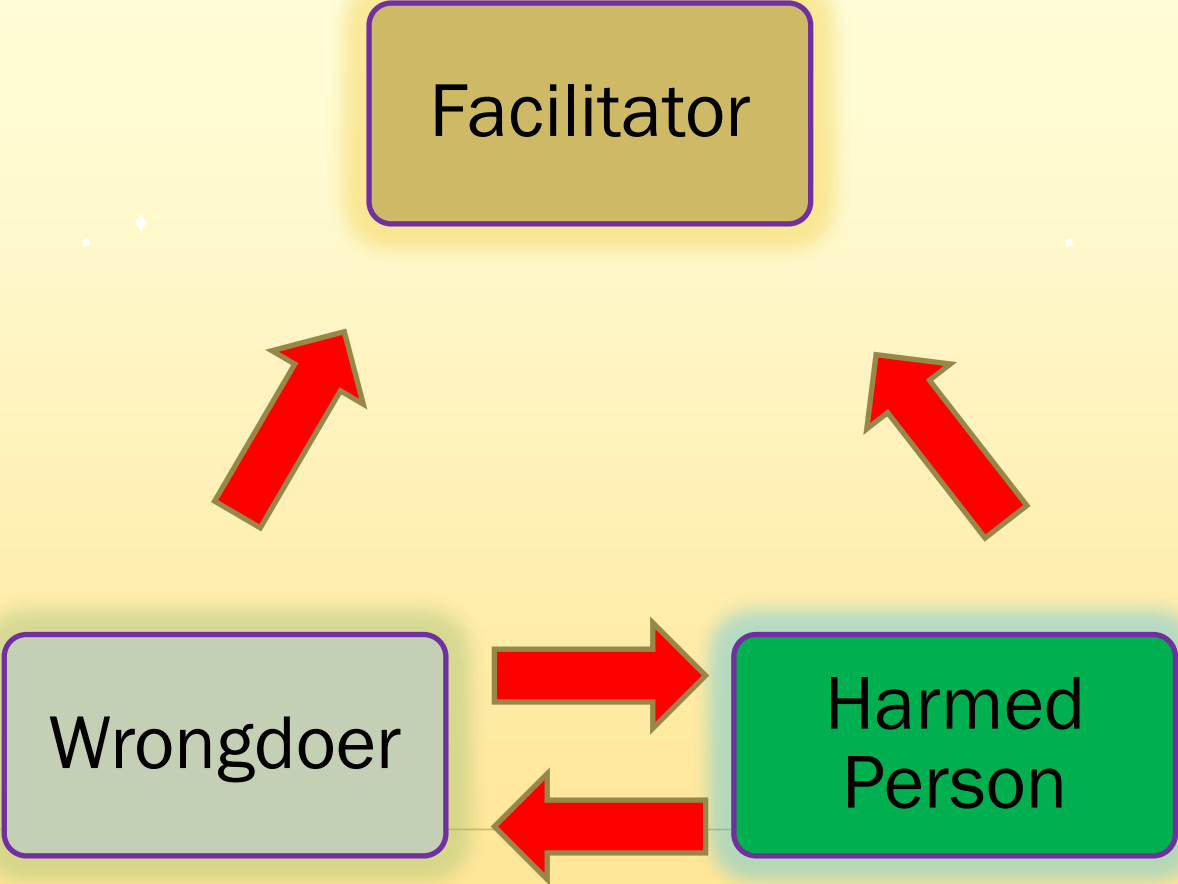


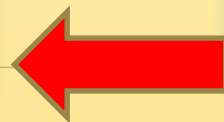
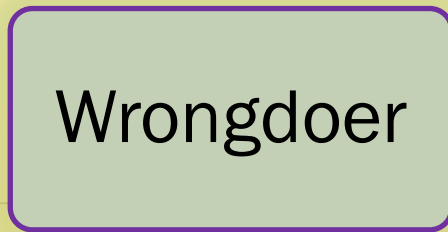
Source; Anti-Bullying Alliance

Facilitator

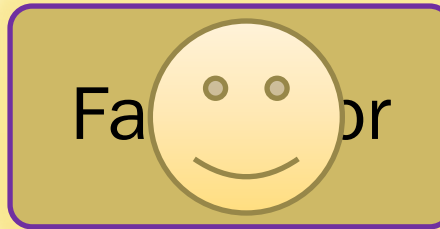
Wrongdoer

Harmed
Person



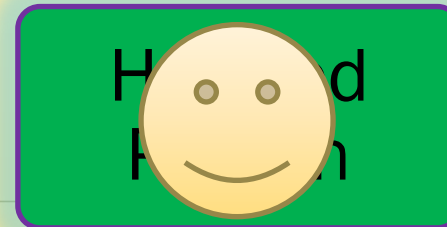
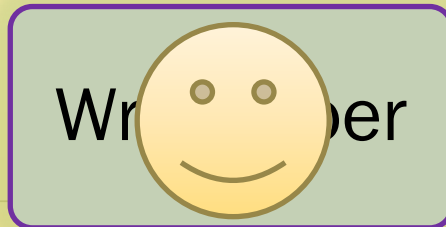


USING A RESTORATIVE APPROACH



Explanation
Shared understanding
Empathy
Acknowledgement

Taking responsibility
Repairing harm
Building relationships.



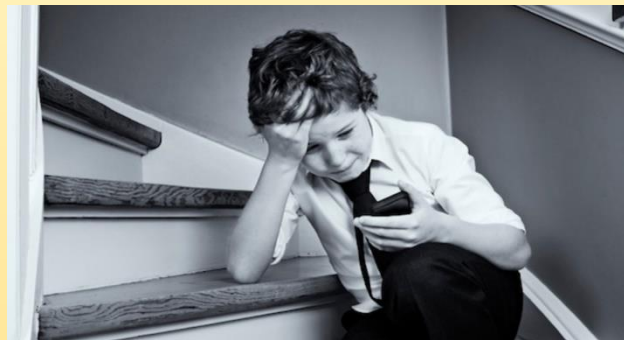
Cyber Bullying can be more elusive



Who ? What ?



Where ? When ?



Answers are not always straight forward

facebook

myspace.



digg



twitter



You Tube

Y!
YAHOO!

flickr

Answers are not always straight forward

Quiz

1. In a poll of 11 to 17 year-olds (UK), what % reported that they have experienced cyberbullying ?

a) 29%

b) 49%

c) 35%

d) 45%

compared with 16% last year.

McAfee poll 2014

Quiz

2. In a poll of 11- to 17-year-olds (UK), what % said they had witnessed others being picked on online ?

- a) 30%
- b) 40%
- c) 50%
- d) 60%

McAfee poll 2014

Quiz

3. What % of 9- to 10-year olds (under age) have a presence on Facebook?

- a) 5%
- b) 14%
- c) 22%
- d) 32%

EU Kids On Line 2014 –(33 countries)

Quiz

4. What % of 11- to 12-year olds (under age) have a presence on Facebook?

- a) 43%
- b) 53%
- c) 63%
- d) 73%

EU Kids On line 2014 –(33 Countries)

Quiz

5. Of the 75 % of 13- to 22-year olds who use Facebook, what % of the have experienced cyber bullying ?

- a) 34%
- b) 44%
- c) 54%
- d) 64%

Ditch the Label 2013

Quiz

6. When online, what % of 13 to 18 year olds have been asked for a sexual image or video of themselves?

- a) 34%
- b) 44%
- c) 54%
- d) 60%

NSPCC 2014

Quiz

7. What % of young people said they were made to feel “threatened, embarrassed or uncomfortable” by a photo taken of them using a cell-phone camera.?

- a) 5%
- b) 10%
- c) 15%
- d) 20%

Guardchild

Quiz

8. What % rise in online bullying related calls did 'Child Line' experience between 2011/12 and 2012/13

- a) 57%
- b) 67%
- c) 77%
- d) 87%

Child Line

Quiz

9. What % of victims in cyber bullying cases self harmed ?

- a) 5%
- b) 10%
- c) 15%
- d) 20%

Heads Up 2014

Quiz

10. What % of children who have been victims of cyber bullying are afraid to go to school for fear of the ridicule they will endure on account of the attack?

- a) 10%
- b) 15%
- c) 20%
- d) 25%

Heads Up 2014

Exercise

With the person sitting next to you, make a list of all of the social networking site that you know.

2 minutes

How many social network site do you know ?

Instagram, textgram, padgram, instachat, instafire

snapshot, bitstrips, silk, evernote, wattpad

fanpop, blinkbox, facebook, youtube, vine

twitter, we love it, IM, BMM, scope

friv, instavideo, minecraft, keepcalm, generator

moviestarplanet, hotmail, whatsapp, gameloft, stardou

stardom, moshimonsters, Netflix, hotornot, flappybird.

How many social network site do you know ?

- Year 5 took 2 mins to come up with this list!!

crackle, petshopstory, herotopia, moonfruit, skype

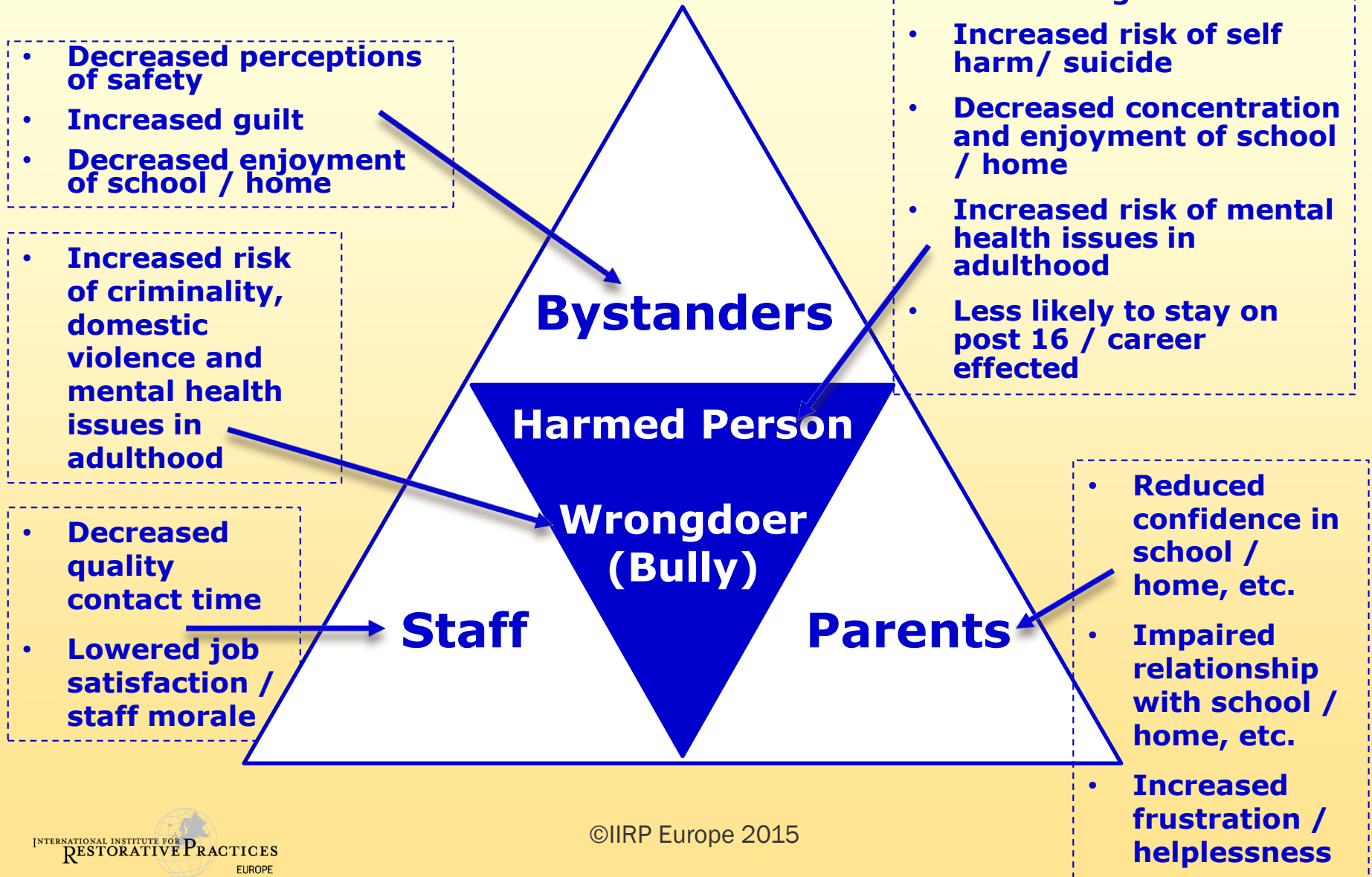
facetime, clubpenguin, amazon, flashcards

glu, king, foursquare, spotify, K/K,

googleplus and tumblr.

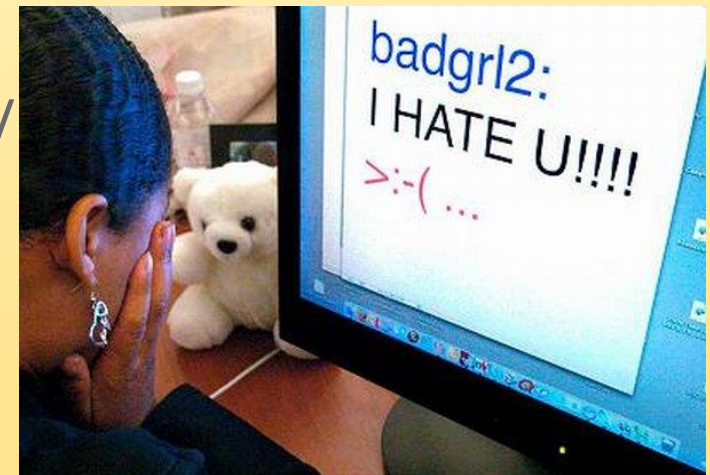


Potential effects of bullying



Different approach - Role Play

- Amanda(14) – refusing to come to school having had unflattering photos and nasty comments posted
- Amanda’s mum – aware of issue but does not know how to handle the problem
- Sue / Jess / Lisa responsible for most of the postings
- Their three mums – only recently aware of the situation



Restorative Questions 1

To respond to challenging behaviour

What happened?

What were you thinking about at the time?

What have your thoughts been since?

Who has been affected by what you did?

In what way have they been affected?

What do you think needs to happen next?

RESTORATIVE QUESTIONS 2

To help those harmed by others actions

What happened?

What were your thoughts at the time?

What have your thoughts been since?

How has this affected you and others?

What has been the hardest thing for you?

What do you think needs to happen next?

Different approach - Role Play

- Amanda(14) – refusing to come to school having had unflattering photos posted (RQ 2)
- Amanda’s mum – aware of issue but does not know how to handle the problem (RQ 2)
- Sue / Jess / Lisa(all 14) responsible for most of the postings (RQ 1)
- Their three mums – only recently aware of the situation (RQ 2)

Restorative Practices

Restorative practices develop community and manage conflict and tensions by repairing harm and building relationships.

This statement identifies both proactive (developing community) and reactive (repairing harm and building relationships) approaches.

Connectedness and Relationships

Restorative practices help those being bullied who are experiencing isolation and exclusion by repairing damaged connections and even building them where they do not currently exist.

Training and Further Information

Training:

- www.synrj.uk (An IIRP Europe Partner Organisation)

As well as their own programmes focused on offending behaviour and families, SynRJ delivers 'Restorative Practices: An Anti-Bullying Strategy' in partnership with IIRP Europe



Further Information:

- www.teachernet.gov.uk/wholeschool/behaviour/tackling_bullying
 - contains downloadable copies of:
 - 'Safe to Learn' Department for Education (DFE)
 - guidance on anti-bullying for schools, information on legislation, policy and practice. It also looks at specific types of bullying e.g. homophobic, cyber bullying, racist etc.
 - 'Safe from Bullying' –guidance for non-school settings
- www.beatbullying.org
- www.anti-bullyingalliance.org.uk